



BETTER LIVING FOR SENIORS MONTHLY MEETING

July 19, 2023

BLFS JULY 2023 General Meeting Minutes

Board Members Present:

* Donna Kay Dinkins-	President	*Destiny Crisman-	Vice President
* Allie Bates-	Treasurer	*Amanda Porter-	Communications
* Jay Dee Hackney-	Sergeant at Arms	*Kari Gomez-	Past President
* Audra Kosensky-	Membership	*Patty Johnson-	Secretary
* Tabitha Mattison-	Directory		

Meeting Location and Sponsor:

Location- First Presbyterian Church Lake Hollingsworth

Food Sponsor- JayDee Hackney, Browning Moving & Storage

Speaker- Will Ridge with Celebrate Recovery/First Presbyterian Church

Anna Thompson-administrative assistant to Pastor at FPC introduced Will. Celebrate Recovery is a national program that helps individuals who have hurts, hangups, or habits to heal and recover. Topics include codependency, addition, etc. There are 3 steps to the program. The first is a large group meeting where you hear teachings and testimonies, and a time to celebrate the biggest and even smallest successes. The second is an open share group the same night. This is a one hour safe place to share meeting with guidelines. The third is a step study in a small group, following 8 principles in Gods word. Participants utilize a CR Bible and workbook. Groups are gender specific.

Business/Call to Order:

- The meeting was called to order by Donna Dinkins at 8:51 am.

Meeting Minutes

- Jay Dee Hackney moved to approve the June minutes and Tasha Saca 2nd, June minutes were approved.

Treasurer's Report – Allie Bates

Current Balance - \$23,213.24

Expenses paid were for standard monthly charges including website, Google, and storage. If members are not receiving emails, let someone on the board know because invoices are sent via email.

Membership/Directory Report – Tabitha Mattison & Audra Kosensky

New Members: AARP Foundation- Skylar Harrison, Lake Mortin Plaza- Marissa Peacock, Easy Living Inc.-Becky Youtsey.

Important Announcement: BLFS is changing to an annual billing. All invoices will be sent August 1, Due September 1. BLFS paid members as of September 1, 2023 will be included in the Sage Aging Elder Care Guide which gets printed in October for Jan 2024 book. You will get a letter with a prorated amount to bring all billing to August 1. Whoever pays this bill at your business should get their contact name and information to Tabitha.

Guests:

Hunter Campbell with Health Markets
Terri Cozel with The World Changers
Kristin Smith, Oak Haven of Auburndale

Announcements:

Last month, the monthly challenge was to sit with someone new each month. This month the challenge is to talk 1 on 1 with a member, and learn an interesting fact or nuance about them. At the end of the year we will have a surprise for the best networker.

Please fill out the slip about who you met and put in basket.
Members should go to BLFS website to be sure your listing is right
Members should be getting 3 emails reminders prior to meetings
Let a board member know if you are not getting emails

Remember to put your events on the Sage Aging website. Click on events & this will link over to the Sage Aging Calendar.
Visit the community event table, and please take flyers home if you brought them.

Save the Date of September 19 for the BLFS September Soiree fall event!

If you want to be on the ballot to be a BLFS board member, you must have been a BLFS general member for at least one year.

Next Meeting

August 16, 2023 at Scott Lake Rehab
Speaker – Bart Wakeman, owner of Assisting Hands Home Care

Meeting adjourned at 9:48